

MASSAGE THERAPY PROGRAM (Associate in Science, AS)

ADMISSION

PROCEDURES

To be admitted to the Massage Therapy (AS) Program, a prospective student must be interviewed by the Admissions representative, and complete an Enrollment Agreement form for admission.

The entrance criteria include several requirements related to age, prior education, basic skills evaluation, and prior education performance. Based upon entrance criteria, approval for admission is granted or denied by the Executive Director. The copies of the required documents for admission into the Massage Therapy (AS) Program will remain as school property.

REQUIREMENTS

1. Each applicant must be at least eighteen (18) years of age on the first day of classes. Documentation of age may be required.
2. Students must have a High School Diploma; hold a General Education Equivalent Development (GED) certificate or proof of a completed 12th grade; or provide other acceptable documentation of an approved post-secondary institution.
3. Complete and sign an Enrollment Agreement Form.
4. Take Entrance Test (ET) and pass with a minimum score of 70 points.
5. All applicants must receive an orientation to the school and an explanation of the school's requirements, rules and regulations.
6. Prospective students who were denied admission and would like to view their files may submit a written request. Access to view the file will be granted within 24 hours of request. Professional Hands Institute will keep records of prospective students denied admission for at least one year.

Note: Catalog will be available to all students at the time of enrollment.

GENERAL INFORMATION

PROGRAM OBJECTIVE

Prepare students for employment after receiving a Massage Therapy (AS) Degree. Individuals working as massage therapists, who have completed the basic massage therapy training, may consider advanced training in this field. An advanced certificate in Massage Therapy builds upon basic skills through improved techniques and knowledge.

The Massage Therapy (AS) Degree Program is offered at Main Campus and South Campus. This course is taught in English.

PROGRAM DESCRIPTION

This program has 70 semester credit hours of theory, practice and clinical practicum. It includes theory, practice demonstration and clinical practicum; legal aspects of massage therapy; allied modalities; anatomy & physiology, kinesiology, hydrotherapy techniques, advance techniques, pathology, Spa techniques, and medical errors.

SERVICES

All students are required to complete 90 services as part of their applied clinical practicum.

DEGREE

Upon completion of the program the student will receive a Degree as Associate in Applied Science in Massage Therapy.

REGISTRATION AND TUITION

Registration Fee:	\$ 100.00 (Non-refundable and non-taxable)
Institutional fee:	75.00 (Non-refundable and non-taxable)
Tuition:	\$17,500.00

All prices for the Massage Therapy (AAS) program are printed herein. There are no carrying charges, interest charges, or service charges connected or charged with this program. Contracts are not sold to a third party at any time. Cost of credit is included in the price cost for the goods and services.

The Registration fee is due at the time of signing the application for admission and it is non-refundable. Payments are due on the first class day of each week. The student can pay the tuition in full prior to attending the first class, or pay the tuition cost in installments. These arrangements should be made with the Business Office before starting the classes.

In addition to the Registration fee and tuition payment, a Student Payment Schedule will be given to the student by the Business Office and payments will be as stated in the Student Payment Schedule.

Note: The total cost of the Massage Therapy AAS Program includes the Tuition, uniforms & supplies.

The total cost of the Massage Therapy (AS) Program does not include licensing or any other regulating agency fees.

DISCLOSURE:

Students cannot serve the public until they are licensed by the Board of Massage Therapy.

CURRICULUM AND COURSE DESCRIPTION

MTFD01 - Fundamental of Mathematic

The student will learn whole numbers, fractions, decimals, ratios, rates, and proportions, percentages, units of measure, geometry, statistics, signed numbers, and introduction to algebra.

ENGC05 - English Composition

This course will teach the student, the writing process, editing skills, problems with verb usage, verb agreement and consistency, paragraph creation, sentence creation, writing an essay, compound sentences, common sentences error, spelling errors, modifiers, mistakes with modifiers, and run on sentences.

PSYG08- General Psychology

This well teach the science of psychology, the biological perception, learning, memory, cognitive psychology, thinking, intelligence and language, motives and emotions, sexuality and gender, stress and health, social psychology, theories of personality, psychological disorders, and psychological therapies.

COMP03 - Introduction to Computers

This course will teach the student how to create and save a new document, navigate in word for windows, add a graphic to a document, how to use the spell check, use the Microsoft help system, format and organize text, change paragraph and text layout, create and modify list, insert and format headers, how to use graphic and tables, setting tab stops, how to modify text and boxes and shapes, how to create and format a table, cut and paste text and pictures, insert hyperlinks, creating mailing labels, create a merge mail list and create and insert columns..

COMM07 - Basic Communication

The student will learn the following in this course, introduction to communication, communication confidence, ethical communication, listing and critical thinking skills, choosing topics, analyzing your audience, integrating supporting material, organizing ideas, outlining a presentation, using appropriate language, delivery a presentation, undersign persuasive principles, using arguments and using communication in the 21st century, speech outlines.

HLTWK01 - Healthcare Worker Basics

Knowledge of the health care delivery system and health occupations, oral and written communications skills, professional ethics and legal responsibilities, understanding the concept of applying wellness and diseases concepts, emergency situations response, infection control, employability skills, resume writing, blood borne disease, four hour of HIV/AIDS training, basic math skills, critical thinking skills and leadership skills within the health team.

ANAP10 - Anatomy & Physiology I

Describe the relationships of body systems in providing client care. Describe the structure and function of the various body systems. Understand the diseases that affect this body system. This course will teach the following systems: respiratory system, cardio-vascular system, muscular-skeletal systems, nervous system, skin, and sensory systems. Teaching the client how the body functions and an understanding of the human development process and the different stages of human growth.

ANAP11 - Anatomy & Physiology II

Describe the relationships of body systems in providing client care. Describe the structure and function of the various body systems. Teaching the client how the body functions and an understanding of the human development process and the different stages of human growth.

This course will teach the following systems: reproductive system, urinary systems, digestive systems, and endocrine system. Teaching the client how the body functions understanding the human development process and the different stages of human growth. Prerequisite – ANAP10 Anatomy & Physiology I

MT110 - Massage Ethics & State Laws & Rule

The course will teach the student the statues and rules of Florida Massage practice act and the rules of the Florida Board of Massage Therapy. The student will be able to state the purpose of the massage practice act, know the process of the licensure and renewal of the license, the function of the Board of Massage Therapy and the Department of Health, state requirements for massage therapy establishments and their inspections requirements, and learn and understand the grounds of which Board of Massage Therapy will take disciplinary actions.

MT112 - History of Massage Therapy

This course will teach the students about the history of massage therapy and its original practitioners. It will teach the student how the practice of massage therapy has evolved along the years.

MT114 - Basic Massage Theory

This course examines the scope of practice, profession requirements, certification and licensure, new developments, terminology, documentation, indications and contraindications, equipment, supplies, tools and products, hygiene, sanitation, and safety. The general principles for giving a massage are also discussed.

MT116 - Massage Pathology

This course introduction the students to the most common disease and injuries a massage therapist encounters. In order to practice massage safely and effectively, students are taught to assess indications and contraindications for massage with regard to disease, surgery, trauma, pain and the issue of sanitation and hygiene surrounding these conditions. Students will learn to modify session plans to accommodate clients with certain conditions.

MT118 - Advance Massage Theory

This course will teach advanced theories and techniques for massage therapy and education clients/patients in the use of various self care techniques and applications such as applying, ice, heat and stretching, this course will explain the way a faculty should be planned and maintained to promote health and safety. Will learn the process of personal health, appearance and cleanliness.

MT120 - Massage Therapy Techniques

This course teaches student manual massage techniques focusing on relaxation and stress reduction by relieving tension with the use of Swedish Massage and chair massage. Techniques discussed include: gliding, kneading, friction, percussion, and shaking. Different variations of these techniques are covered in-depth in the course. The role of massage therapy in sports is also covered. The students are exposed to pre and post-event sports massage techniques. In this course students also learn proper body mechanics.

MT122 - Massage Therapy Clinical

This clinical course provides the student with an overall therapeutic massage experience, including the application of massage techniques. Students work on client intake, interviewing skills, assessment, documentation, planning, and designing treatment plans. Students practice by giving and receiving massage therapy in a clinical setting. Focus is placed on the care provided to the clients. This course also emphasizes proper body and table mechanics.

MT124 - Allied Modalities Clinical

Students in this course use the skills they have learned and practice them under the direct supervision of a Licensed Massage Therapist (clinical supervisor). Students are evaluated by the clinic supervisor and the clients. During this course, the students will interview clients, take chart notes, perform physical assessments, and give massages. Students should keep accurate records and complete 20 full-body massages.

MT126 - Hydro & Spa Techniques

In this course students learn how to incorporate hydrotherapy methods into the massage setting. This course allows the students to learn how to use water in its three forms (liquid, steam, and ice) as part of the healing and therapeutic process. This course also covers different spa systems, products and services. This course also covered different spa systems, products and services. This course trains the massage therapist in the application of spa techniques and services.

MT128 - Hydro & Spa Techniques Clinical

The students will practice all sequences learned in the MT126 Hydro & Spa Techniques course.

MT130 - Oriental Modalities

This course provides a basic foundation of the history, principles and training requirements of oriental massage therapy techniques and applications, including amma, acupressure, shiatsu, Chinese medicine, acupuncture, tuina, thai massage, and other oriental related modalities. The student will become familiarized with the five elements, twelve meridians, most common acupuncture points, and the most commonly used oriental massage techniques and procedures.

MT132 - Oriental Modalities Clinical

The students will practice all sequences learned in the MT132 Orientation Modalities Clinical course.

MT134 - Western Modalities

The course provides a basic foundation of the history, principles, and training requirements of western massage therapy techniques and applications, included trigger point therapy, myofascial release, lymph drainage, and neuromuscular therapy and other modalities.

MT136 - Western Modalities Clinical

Students will practice all sequences learned in the MT134 Western Modalities Clinical course.

MT138 - Massage Business Practice

The course examines state statutes and the rules for massage therapy practice, including licensing/certification and credentialing requirements, local and federal regulations, and business practices and considerations. Ethical guidelines discussed in this course include boundaries, HIPPA regulations, special needs clients, and sexual harassment. The following training courses are included: OSHA, HIV/AIDS education, and prevention of medical errors.

MT139 - Combined Massage Modalities

The students will practice all massage modalities learned.

COURSE NUMBERING, COURSE MODULES AND CROSS REFERENCES

The Massage Therapy (AS) program classes are divided in 23 modules, which are taught as a continuous learning cycle. A student may enter this program at the beginning of any class module, until the completion of the entire cycle.

The prefixes are usually the first letters of the title of the course or program and the numbering system will be 100. Professional Hands Institute course offerings and their description are divided in General Education and Specific Courses of the program by prefix, then numerically within that prefix.

COURSE MODULES PREFIX CODES		PREFIX TITLE COURSES	CREDITS
GENERAL EDUCATION			
1	MTFD01	Fundamental of Mathematic	3
2	ENGC05	English Composition	3
3	PSYG08	General Psychology	3
4	COMP03	Introduction to Computers	3
5	COMM07	Basic Communication	3
6	HLTWK01	Healthcare Worker Basics	2
PROGRAM COURSES			
7	ANAP10	Anatomy & Physiology I	4
8	ANAP11	Anatomy & Physiology II	4
9	MT110	Massage Ethics & State Laws & Rule	3
10	MT112	History of Massage Theory	2
11	MT114	Basic Massage Theory	3
12	MT116	Massage Pathology	3
13	MT118	Advance Massage Theory	4
14	MT120	Massage Therapy Techniques	3
15	MT122	Massage Therapy Clinical	3
16	MT124	Allied Modalities Clinical	3
17	MT126	Hydro & Spa Techniques	3
18	MT128	Hydro & Spa Techniques Clinical	3
19	MT130	Oriental Modalities	3
20	MT132	Oriental Modalities Clinical	3
21	MT134	Western Modalities	3
22	MT136	Western Modalities Clinical	3
23	MT138	Massage Business Practice	3
Total			70