

MASSAGE THERAPY PROGRAM (Diploma)

ADMISSION

PROCEDURES

To be admitted to the Massage Therapy Program, a prospective student must have interviewed with the admissions advisor and completed an Enrollment Agreement form for admission.

The entrance criteria include several requirements related to age, prior education, basic skills evaluation, and prior education performance. Based upon entrance criteria, approval for admission is granted or denied by the Executive Director. The copies of the required documents for admission into the Massage Therapy Program will remain as school property.

REQUIREMENTS

1. Each applicant must be at least eighteen (18) years of age on the first day of classes. Documentation of age may be required.
2. Students must have a High School Diploma; hold a General Education Equivalent Development (GED) certificate, or provide other acceptable documentation of an approved post-secondary institution.
3. All applicants must receive an orientation to the school and an explanation of the school's requirements, rules and regulations.
4. All accepted students must complete and sign an Enrollment Agreement Form.
5. Prospective students who were denied admission and would like to view their files may submit a written request. Access to view the file will be granted within 24 hours of request. Professional Hands Institute will keep records of prospective students denied admission for at least one year.

Note: A Catalog will be available to all students at the time of enrollment.

DISCLOUSE: COMPLETING A COURSE OR PROGRAM IN A LANGUAGE OTHER THAN ENGLISH MAY REDUCE EMPLOYABILITY WHERE ENGLISH IS REQUIRED.

GENERAL INFORMATION

PROGRAM OBJECTIVE

The objective of the program is to prepare students to enter the workforce as an entry-level licensed Massage Therapist. The program provides the student with a career in the rapidly growing profession of massage therapy; which provides the student with an opportunity to gain satisfaction in helping clients to recover from injuries and improve overall wellness, as well as treat clients with chronic diseases.

The Massage Therapy Program is offered at both the Main and South Campuses. This course is taught in both English and Spanish.

PROGRAM DESCRIPTION

This program has 600 hours of theory, practice, and clinical practicum. It includes 417 hours of theory and 183 hours of practice demonstration and clinical practicum. Some of the topics covered in this program include: legal aspects of massage therapy; allied modalities; anatomy & physiology, reflexology, HIV/AIDS, and medical errors.

SERVICES

All students are required to complete at least 90 services and 183 hours of applied clinical practicum. The supervised clinical practicum ensures proper and professional hands-on massage practice. All services are conducted in campus.

DIPLOMA, EXAM AND LICENSE

The student will complete the program in 30 weeks. Upon completion of 500 clock hours, the student is eligible to take the state approved exam and apply for licensing. Please visit www.ncbtmb.org for more information.

REGISTRATION AND TUITION

Registration Fee:	\$ 100.00 (Non-refundable and non-taxable)
Institutional Fee:	75.00 (Non-refundable and non-taxable)
Tuition:	\$ 9,950.00 (600 Clock-Hours)

All prices for the Massage Therapy program are printed herein. There are no carrying charges, interest charges, or service charges connected or charged with this program. Contracts are not sold to a third party at any time. Cost of credit is included in the price cost for the goods and services.

The Registration fee is due at the time of signing the application for admission and it is non-refundable. Payments are due on the first class day of each week. The student can pay the tuition in full prior to attending the first class, or pay the tuition cost in installments. These arrangements should be made with the Business Office prior to starting the classes. In addition to the Registration fee and tuition payment, a Student Payment Schedule will be given to the student by the Business Office and payments will be as stated in the Student Payment Schedule.

- **Note:** The total cost of the Massage Therapy Program includes tuition, Books, Application to State License, Uniforms, Supplies, State Exam Review, Transcript and the Application to the FSMTB – MBLEX,

DISCLOSURE: Students cannot serve the public until they are licensed by the Florida - Board of Massage Therapy.

CURRICULUM AND COURSE DESCRIPTION

AAP101 - Anatomy and Physiology and Kinesiology

In this course the students will acquire an understanding of anatomy and physiology, the various body systems, and how this course applies to Massage Therapy.

MTH101 - Basic Massage Theory and History

In this course the students will learn the theories of basic massage strokes and techniques; the history of massage, and how it applies to them as Massage Therapists.

CLP101 - Bodywork assessment, theory and application- (Clinical Practicum)

In this part of the program the students will be practicing on each other and the public under the supervision of a professional instructor.

AMO101 - Allied Modalities

This course is designed to teach students the various types of massage or modalities, such as Shiatsu, Acupressure, Reiki, Reflexology, etc., and the different types of treatment depending on the client's needs.

BUS101 - Business

This course is designed to teach how students should conduct a therapeutic massage business, the regulations, and the forms with which they need to comply.

TPH101 - Theory and Practice of Hydrotherapy

This course is designed to teach students the different uses of hydrotherapy, especially ice and heat, and the different types of treatments.

FLR101 - Florida Law & Rules

This course is designed for the students to understand Chapter 480 of the Florida Statutes, and how it applies to them as Massage Therapists.

PRE101 - Professional Ethics

This course is designed for the students to understand the Code of Ethics and Scope of Practice, and how it applies to them in their work.

HAE101 - HIV/AIDS Education

This course is designed to cover the different methods of infection, precautions, sanitation, preventive measures, and different types of treatments of AIDS and HIV.

MER101 - Medical Errors

This course is designed for students to learn about medical errors and consequences, and how to minimize or eliminate them.

PAT101 - Pathology

This course is designed for students to learn the mechanisms of injury to cells and tissues, as well as the body's means of responding to and repairing injuries.

COURSE NUMERING, OFFERINGS AND CROSS-REFERENCES

Because Professional Hands Institute, Inc. is currently a clock-hour school, all courses will be considered as first level courses. The prefixes are usually the first letters of the title of the course or program and the numbering system will be 100.

NUMERING	CODES	COURSES	CLOCK-HOURS
1	CLP101	Bodywork assessment, theory and application	183
2	AAP101	Anatomy , physiology and kinesiology	150
3	PAT101	Pathology	40
4	PRE101	Professional Ethics	6
5	BUS101	Business	15
6	MTH101	Basic Massage Theory & History	100
7	AMO101	Allied Modalities	76
8	TPH101	Theory and Practice of Hydrotherapy	15
9	FLR101	Florida Law & Rules	10
10	HAE101	HIV/AIDS Education	3
11	MER101	Medical Errors	2
		Total	600

COURSE MODULES

The Massage Therapy program classes are divided in 16 sections or modules, which are taught as a continuous learning cycle.

COURSE MODULES	
1.	Therapeutic Massage and Hygiene
2.	Hydrotherapy
3.	Asian Energy Bodywork, Shiatsu
4.	Asian Energy Bodywork, Ayurveda
5.	Cells and Tissues, Integumentary
6.	Skeletal System
7.	Muscular System and Kinesiology
8.	Nervous and Endocrine Systems
9.	Circulatory, Urinary and Reproduction Systems
10.	Respiratory and Digestive Systems
11.	General Pathology Applications and Pharmacology
12.	Business
13.	Florida Laws & Rules
14.	Professional Ethics
15.	HIV
16.	Medical Errors

A student may enter the Massage Therapy Program at the beginning of any of the 16 class modules until the completion of the entire learning cycle.